

# MERIDIAN RANCH RECREATION CENTER OPERATIONS HANDBOOK

10301 Angeles Road  
Peyton, CO 80831  
719-495-7119

[www.meridianranchmetro.org](http://www.meridianranchmetro.org)



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## **RECREATION CENTER HOURS**

### REGULAR BUSINESS HOURS

- **Recreation Center**  
Monday thru Friday – 5:30 a.m. – 8:30 p.m.  
Saturday – 8:00 a.m. – 6:00 p.m.  
Sunday – 9:00 a.m. – 5:00 p.m.
- **Child Watch**  
Monday thru Friday – 9:00 a.m. – 12:00 p.m. & 4:00 p.m. – 7:00 p.m.  
Saturday & Sunday – 9:00 a.m. – 12:00 p.m.

### POOL HOURS (Non-Summer)

- **Indoor Pool**  
Monday thru Friday – 5:30 a.m. - 8:00 p.m.  
Saturday – 8:00 a.m. – 5:30 p.m.  
Sunday – 9:00 a.m. – 4:30 p.m.
- **Family Recreational Swim**  
Monday thru Friday – 3:30 p.m. - 8:00 p.m.  
Saturday – 9:00 a.m. – 5:30 p.m.  
Sunday – 10:00 a.m. – 4:30 p.m.

### POOL HOURS (Summer)

- **Indoor Pool**  
Monday thru Friday – 5:30 a.m. - 8:00 p.m.  
Saturday – 8:00 a.m. – 5:30 p.m.  
Sunday – 9:00 a.m. – 4:30 p.m.
- **Indoor Pool**  
**Family Recreational Swim**  
Monday thru Friday – 10:00 a.m. - 8:00 p.m.  
Saturday – 9:00 a.m. – 5:30 p.m.  
Sunday – 10:00 a.m. – 4:30 p.m.
- **Outdoor Pool**  
**Family Recreational Swim**  
Monday thru Friday – 10:00 a.m. – 7:00 p.m.  
Saturday – 9:00 a.m. – 5:30 p.m.  
Sunday – 10:00 p.m. – 4:30 p.m.

### CLOSED HOLIDAYS

- New Year's Day  
Easter  
Thanksgiving  
Christmas

## **MEMBERSHIP AND OTHER USAGE**

### **MEMBERSHIP ELIGIBILITY**

All family members living in a single-family residence located within Meridian Ranch and who pay Meridian Service Metropolitan District utility fees are Members of the Facility and comprise a Member Household. Individuals living outside of Meridian Ranch are not eligible for membership. Members in Good Standing, as defined below, are eligible to use the Facility in accordance with the Facility's Operational Policies and Procedures. Homeowners who rent their residence within Meridian Ranch may allow renters to use the Facility via a notarized letter stating the transference of usage. Once usage has been transferred the homeowner will no longer be able to use the Facility until they reoccupy the residence or rescind the renters' privileges in writing.

For purposes of the Operational Policies and Procedures, a "Member in Good Standing" is a member who: (a) has paid all required assessments, late fees, attorney's and other charges due for services rendered by the Meridian Service Metropolitan District; (b) has paid all fines or any other monies due to the Meridian Service Metropolitan District and (c) has not found to be in noncompliance with the provisions of the Declaration and Bylaws.

Non-resident memberships to the Meridian Ranch Recreation Center are available for purchase. The price associated with a guest membership is noted on the most recent fee schedule adopted by the District Board of Directors.

### **KEY CARDS**

Each resident thirteen years and older will be issued one key card. To obtain a key card, each resident must complete and submit a membership information form to the Meridian Service Metropolitan District. If the key card is misplaced, lost, destroyed or altered, replacement of the card is required. One replacement card is complimentary. Additional replacement cards may be purchased for a fee. Members without a key card may not be admitted into the Facility. New residents can use the Facility upon completion of a membership information form and submission of a utility bill addressed to their Meridian Ranch address.

### **RECREATION CENTER ACCESS**

Members of the recreation center must access the center through the front door and check in with the front desk associate. Entering the building through any other door, or without checking in, may result in suspension from the center.

### **AGE RESTRICTIONS**

Children 12 years and under must be accompanied by an individual with a valid ID card who is at least 16 years old. Children 13 years and older may use the Facility without direct adult (16 years and older) supervision. Members 16 years of age and older may have two guests 13 years and older per visit per household.

### **EMERGENCY CONTACTS**

Emergency contact information for all member households must be provided to the Meridian Service Metropolitan District yearly. Any changes to this information should be updated as they occur.

**MEMBER VERIFICATION**

The Meridian Service Metropolitan District will verify membership through homeowner information and a Meridian Service Metropolitan District utility bill in the resident's name, provided by the resident. If the home within Meridian Ranch is being rented, membership will be verified by receiving a copy of the signed rental agreement and an Meridian Service Metropolitan District utility bill in the tenant's name, from the tenant. Homeowners shall notify the Meridian Service Metropolitan District when rental agreements with tenants are terminated.

**CAREGIVER/NANNY**

Member households utilizing a caregiver/nanny must register the caregiver/nanny with the Meridian Service Metropolitan District. The Meridian Service Metropolitan District will issue a keycard to the caregiver/nanny. The caregiver/nanny may use the Facility only while supervising the children of a Member Household. Members shall notify the Meridian Service Metropolitan District when a caregiver/nanny is no longer employed in that role. Meridian Ranch Residents who provide daycare services may not bring daycare children to the pool, unless the children are members of a Member Household.

**GUEST POLICY**

Each Resident Household may bring two guests per day to the Facility at the posted fee. Residents may choose to purchase an economical ten punch guest card. The Meridian Ranch Recreation Center also offers an extended guest pass at no charge for nanny's, visiting grandparents or grandchildren. These extended passes are time sensitive. The extended guest pass must be approved by the Meridian Service Metropolitan District. Guests must be accompanied by their sponsoring resident at all times when using the facility. Guests may use the Child Watch for children under the age of 6 years at the non-resident drop-in rate. This guest policy does not pertain to special events, facility rentals, or birthday parties. Please see posted rules and regulations on these events.

Guests must be accompanied by a resident at all times and must have the guest sign in before using the Facility. Refunds due to pool incidents will be addressed on a case by case basis and are dependent upon Meridian Service Metropolitan District approval. There will be no refunds given for bad weather.

Members are responsible for their guests' conduct at all times, including, but not limited to any act that results in injury, damage to the Facility, supervision of minors, and all fees due.

The manager on duty has responsibility for the safety of residents and MSMD staff, and for members' enjoyment of the facilities. Therefore, the manager on duty has final say over the interpretation of the handbook, and has authority to temporarily establish additional rules, temporarily suspend rules, and to remove individuals from the facility for a portion, or entire day in his/her sole judgment. Long term suspensions may be appealed to the board of directors.

## **GENERAL RULES**

### **DRESS CODE**

Appropriate attire is required in the Facility and the swimming pool area. Swimsuits are not to be worn inside the facility without proper cover up. Footwear and shirts are required to be worn inside the facility. Management shall serve as the judge of appropriate attire and may require a user to leave the facility if an individual's attire is deemed to be inappropriate.

### **GROUNDS AND PARKING LOTS**

Parking at the Facility is limited to Meridian Ranch Residents, guests, visitors, and staff of the facility and shall be in designated parking areas only. No parking will be allowed in the facility parking lots at any time except during hours of operation. Overnight parking is strictly prohibited. Violators may be issued citations by local law enforcement and may be subject to towing at vehicle owner's expense. Vehicles are restricted to established roadways and the parking lot; vehicles are not to be driven on grassed areas or sidewalks. Bicycles, skateboards, scooters, "heelies," or the like are not permitted in the facility, on the walkway of the facility, or in the swimming pool area. The facility and parking lot may not be used for outside activities not related to the recreation facility operation unless otherwise approved by Meridian Service Metropolitan District.

### **FOOD**

Users are permitted to bring their own food and beverages for their personal consumption. Coolers will be inspected upon entering the facility. No glass containers will be allowed. Users are not permitted to bring a grill or other cooking devices to the facility.

### **ALCOHOLIC BEVERAGES**

Alcoholic beverages are not permitted in the facility or on recreational facility grounds unless approved by the board of directors and all proper permits are obtained.

### **SMOKING**

There is no smoking in the facility, the pool area or on Facility property. Smoking is also not allowed at any Meridian Service Metropolitan District sponsored event.

### **SUPERVISION**

Meridian Service Metropolitan District welcomes both adults and children to the Facility and the Swimming pool. For the protection and safety of all persons using the facility, parents, guardians and children are expected to follow the Facility's rules and regulations. Parents and guardians shall provide adequate supervision of their children and guests at all times and help enforce the Facility's rules. If the parent and/or guardian cannot follow the rules they will be asked to leave the facility for the day. If the violation occurs a second time they may be subject to a longer time frame of not being able to use the facility. Damage to the Facility and/or causing personal harm will result in an immediate 30-day suspension of Facility privileges pending further review by the Board of Directors. A second violation of Facility damage and/or causing personal harm will result in suspension of Facility privileges for one year. Damage caused to the recreation center may be charged to the user through the utility and recreation fee bill.



**EQUIPMENT**

No Facility equipment shall be used or moved by any user of the Facility unless pre-approved by the proper facility authority.

**ANIMALS**

No animals, with the exception of trained guide, aid or assist dogs, will be allowed in the Facility, the swimming pool, patio area, or on the surrounding facility property except for special activities involving animals which have been pre-approved by the Meridian Service Metropolitan District management.

**LOST ARTICLES**

The Facility is not responsible for lost or stolen articles. All lost articles must be picked up in person. Lost articles will be held for a period of two weeks and then shall be donated or disposed of at the sole discretion of the Recreation Center management.

**INCLEMENT WEATHER**

This Facility follows School District 49 snow closure policy. Management will make every reasonable effort to remain open during inclement weather. Occasionally, District 49 will close due to non-weather-related incidents, in this situation, the Manager on Duty has the discretion to open the Recreation Center at full, or limited operation. Our primary concern, however, is for the safety of the residents and staff; if conditions dictate, the Facility may close early or open late if warranted by the staff. Closure and delayed opening information may be obtained by calling the Facility at (719) 495-7119 the night before, via email, or by utilizing the notification system through the Meridian Service Metropolitan District mobile application.

**PROHIBITION OF NON-FACILITY PROGRAMS, LESSONS AND ACTIVITIES**

The Facility may not be used to provide, conduct or solicit any activity, program, or other event for profit, financial gain or otherwise by any business or person unless such activity, program or other event is pre-approved in writing by Meridian Service Metropolitan District management. Examples of such activities include, but are not limited to: conducting seminars or classes or providing services as personal trainers or swim instructors (individuals not on payroll as employees of the district or hired as independent contractors by the Management). Only the Meridian Service Metropolitan District staff-approved contractors may conduct personal training, swimming or other types of lessons at the Facility. Users found to be using the Facility in the above manner without written permission are subject to immediate disciplinary action. Such disciplinary action may include a suspension of a User's privileges to use the Facility for a period of time to be determined by the Meridian Service Metropolitan District. Meridian Service Metropolitan District staff is compensated directly by Management and may not be compensated in any way by Users. (i.e. a resident cannot ask a lifeguard to watch their child for additional compensation, swim instructors may not accept tips)

**FITNESS AREA**

Anyone under the age of 13 years old must always be accompanied by a parent or guardian while in the fitness area. Children under the age of 7 are not permitted on the fitness floor. The fitness area is to be used at the sole risk of the resident or their guest. Failure to follow these policies and procedures may result in losing weight/cardio room and/or recreation center privileges.

**STRENGTH AND CONDITIONING POLICIES**

Please wipe down machines and other equipment after every use. Appropriate shirt/tank and other workout attire are required at all times (this includes NO open toed shoes/sandals). Horseplay, inappropriate behavior, profanity, and/or abusive language will not be tolerated. Residents and guests must return all equipment to its original place before leaving the area to allow others to work their sets in as well; this ensures safety and availability for other residents. Failure to follow these policies and procedures may result in losing facility privileges.

**ACCIDENTS**

Contact a staff member immediately if there is an accident, injury or unusual incident so the situation can be assessed, and necessary intervention be provided. Users are responsible for their own medical expenses and participate in activities at their own risk.

**LOCKER ROOMS**

Parents accompanied by the children of the opposite gender must use one of the “family” locker rooms.

Overnight locks are not permitted.

The Meridian Service Metropolitan District is not responsible for lost or stolen items.

**MAINTENANCE/ REPAIR/ CLOSURE**

The entire Facility or portions of the Facility may be closed at any time for maintenance, health and safety concerns, inclement weather, or as necessary at the discretion of Meridian Service Metropolitan District management.

**PROGRAMS-ACTIVITIES-INSTRUCTION-EVENTS-SERVICES**

Contact the Meridian Service Metropolitan District at (719) 495-7119, or visit the district website at [www.meridianranchmetro.org](http://www.meridianranchmetro.org) for more information.

**SWIMMING POOL RULES**

Swimming at the recreation center is at the sole risk of the resident and their guests. No lifeguards are on duty except during Family Recreational Swim, or as posted. Parents and guardians assume full responsibility for children under the age of 13 while in the aquatic facility. Pool attendants will be on site for emergency response and care but are not to be depended on for supervision of swimmers. Lifeguards will be on duty, at a limited basis, during family recreational swim. Ten minute safety breaks will be conducted ten minutes prior to the top of every hour during operational hours. The safety checks are provided to encourage children to use the restroom, rest, recover, eat a snack, re-hydrate, as well as, provide a mental break from the pool activities.

Proper swim attire is required in the pool. Swimmers must wear bathing suits. Cut-offs, jeans, athletic or gym shorts, and street clothes are prohibited in the pool. Infants and toddlers who are not toilet-trained must wear swim diapers in the pool.

Food and drinks are not allowed within five feet of the pool.

Band-aids and bandages are prohibited in the pool as they may fall off, clog the filtration system, and/or pose a health hazard to others. Swimming with an open wound is also prohibited to prevent bloodborne contamination.

The Meridian Service Metropolitan District provides U.S. Coast Guard approved flotation devices for use in the pool. Children wearing lifejackets must be accompanied by an adult in the water and within arms reach at all times. All other flotation devices are subject to the Aquatics Department approval.

Diving, flips or backward entries are not allowed due to the depth of the pool. Jumping is permitted feet first and facing forward.

All individuals must walk. Running is not allowed in the pool area. Pool decks are slippery and may cause an individual to slip and fall.

Horseplay, wrestling, piggybacks and “chicken fights” are prohibited. This type of play may result in injuries. Additionally, it is often difficult for the pool attendant to tell the difference between this type of play and a swimmer in trouble.

For safety and comfort, it is important for everyone to keep their voices down and be respectful when speaking.

Kickboards, paddles and other instructional or training equipment (including barbells and weight belts) are for water exercise and swim lessons only. Water toys (e.g., soft balls, diving rings, etc.) are allowed in the pool; however, the use of such toys must not interfere with others or cause a safety risk. Meridian Service Metropolitan District staff are not responsible for the disappearance, damage, or breakage of any toy or personal item(s) brought to the Facility.

The Meridian Service Metropolitan reserves the right to restrict the number of individuals allowed in the pool if usage exceeds capacity or supervision limits. The maximum capacity for each pool is posted respectfully.

Parents accompanying small children are asked to help enforce pool rules. Pool attendants have final discretion regarding rules and policies.

Failure to follow rules may result in a suspension of pool privileges for a period of time to be determined by the Meridian Service Metropolitan management.

### **SWIMMING POOL CLOSURE GUIDELINES**

Because weather and lightning may be random and unpredictable, Meridian Service Metropolitan District staff have established pool closure guidelines. The aquatics management, in consultation with the manager on duty, will have the authority to make the decision to close the pool.

The outdoor pool will close when the air temperature drops below 50 degrees Fahrenheit.

The pool will be cleared immediately when lightning has been sighted, thunder has been heard, or when lightning is detected by the lightning detector. The pool will be considered safe and swimmers will be allowed back in the pool 30 minutes after the last sighting or detection of lightning.

*“If you see it, flee it; if you hear it, clear it.”*

In addition to weather-related issues, the pool will be cleared when a pool attendant is unable to clearly see all areas of the pool, including the bottom.

\*\*See appendix A for additional swimming pool rules and guidelines.

Meridian Service Metropolitan District reserves the right to alter any of the provisions included herein.

## **CHILD WATCH SERVICES POLICIES AND PROCEDURES**

As a service to our members, the Meridian Ranch Child Watch program provides on-site child watch for members and their guests while enjoying the Facility. Management's goal is to provide a positive experience for children in a safe and secure environment during their visit to the Facility. The Child Watch Service offers interesting and age-appropriate activities implemented by Child Watch attendants.

### **CHILD WATCH SERVICES**

Services are provided for a maximum of two hours per day per child. Children six weeks thru six years of age may be left in the care of the Child Watch staff by their parents, grandparents, or legal guardians only. The responsible parent or legal guardian must remain in the Facility. Child watch fees are established by the District Board of Directors and are posted in the building and on the District website.

### **SNACKS**

Parents or legal guardians may provide a bottle, cup or juice box for their child. Such items should be labeled. Food will not be provided nor should food be brought into the Child Watch area by others due to a high number of children with food allergies.

### **TOYS**

It is recommended that personal toys not be brought to Child Watch as Management is not responsible for lost or broken personal belongings. Items such as security blankets are permitted for comfort. All Child Watch toys are cleaned on a daily basis according to El Paso County Health Department standards.

### **FOOTWEAR**

All infants are required to have their feet covered in socks and/or shoes while in the Child Watch area. All mobile children must wear shoes. It is recommended that children wear closed-toe shoes for their safety. Children may be asked to remove their shoes during play on an inflatable apparatus such as the obstacle course.

### **ILLNESS**

Child Watch staff cannot accept a child into the Child Watch area if they are exhibiting any of the following symptoms:

- Fever
- Runny nose or runny eyes with anything other than clear discharge
- Green discharge from any orifice of the body
- Diarrhea
- Cough
- Rash on any part of the body
- Vomiting in the last 24 hours

If a child has any of these symptoms, or any other communicable disease, we ask that users refrain from bringing them to Child Watch. We look forward to welcoming them back to Child Watch once he/she is healthy.

Please note that children who have been prescribed medication should complete at least 24 hours of the prescribed dosage before it is recommended that he/she return to Child Watch.

### **MEDICATION**

No medication will be administered in Child Watch.

### **DIAPER CHANGE**

Disposable diapers will be changed for children under three years of age as needed during such child's stay in Child Watch. Management requests that users bring their child in a clean diaper and provide diapers and wipes for changing.

Parents and legal guardians will be retrieved from other areas of the Facility to change diapers for children three years and over. Attendants will not change cloth diapers due to health and safety concerns presented with contact of fecal and urine matter.

### **CRYING CHILDREN**

It is Meridian Service Metropolitan Management's policy to page or retrieve parents or legal guardians when a child cries for ten consecutive minutes. If such a situation occurs, parents and legal guardians are encouraged to continue to bring their child to Child Watch so they may become accustomed to the environment.

Parents and legal guardians may stay with their child inside of the Child Watch area if it is necessary for their child to acclimate to the environment. Parents and legal guardians will be limited to a ten minute period during which they may accompany their child. Parents and legal guardians are asked to limit care to only their children.

### **DISCIPLINE**

Discipline at Child Watch is based on an understanding of the individual child's needs and stage of development. The goal is to develop self-discipline, responsibility for self, and the respect for others. It is based on the use of positive reinforcement, reasonable expectations, logical consequences, distractions and diversion, and if necessary, supervised removal from the group for short periods of time.

For the safety and well-being of your child and all those in Child Watch, inappropriate behavior (e.g., spitting, biting, inappropriate language, harm to self, others or property) may lead to loss of use of Child Watch Services. Each incident will be evaluated on a case-by-case basis.

Management's goal is to provide a positive and safe experience for all children in Child Watch.

### **SPECIAL NEEDS**

Please see the Child Watch contact list to address a child's special needs requirements. All matters will be taken into consideration.

**FACILITY USE AND RESERVATION POLICIES AND PROCEDURES**

The facility is an ideal venue for special events and community meetings. The large meeting room can accommodate a large audience and can be separated into two small group activity rooms for more intimate gatherings and meetings. The facility may be used by residents, management, Meridian Service Metropolitan employees, DRC, and District management in accordance with the policies and procedures established for the facility.

The Meridian Service Metropolitan management approves the use of and administers the reservation of the Facility in accordance with the general policies and procedures set forth herein. The swimming pool is not available for rent during regularly scheduled pool hours but may be reserved for events after such hours. To inquire about reserving any part of the Facility for a meeting or event, please contact the Meridian Service Metropolitan staff at 719-495-7119.

The Facility Reservation Agreement (the “Agreement”) may be obtained at the Facility during regular business hours. Contact the Meridian Service Metropolitan staff at the facility to obtain specific information related to reservation areas, equipment, hours, fees, etc.

**MEMBER PERSONAL USE**

Members may reserve and use the Facility or portions thereof for meetings, receptions, parties, or other similar activities for a fee set by the District Board of Directors. Members reserving the facility must abide by the Operational Policies and Procedures and are responsible for any damages and extra cleaning charges incurred as a result of these activities. Rentals will be subject to facility, pool, and event monitor fees in accordance with the standard reservation policies. A security deposit must be paid at the time of presenting the executed Agreement. The Meridian Service Metropolitan District reserves the right to cancel any event that has not commenced within two hours of the reservation start time. For a detailed description of fees assessed when reserving areas within the facility, please reference the current fee schedule adopted by the Board of Directors.

**AFTER HOURS POOL USAGE**

All groups must check in with the building supervisor upon arrival and one group supervisor (designated by rental group) must act as liaison between the group and the Meridian Service Metropolitan facility. The supervisor must be at least 21 years of age and the other chaperones must be at least 18 years of age. Direct supervision of children by the adults must be maintained at all times while the group is in or near the water. Adults must have visual contact with the children in their group at all times. Supervision is defined as being able to see/hear/discipline the children that the adult is directly responsible for watching.

An adult supervision ratio of one adult for every ten children is to be maintained at all times. Children under the age of six must be accompanied by an adult in the water within arm’s reach. There must be one adult in the water for every two children under the age of six. The group supervisor must inform the Aquatic Staff of any medical problems that may exist with any of the group members prior to entering the pool. Adults must be in

suit attire and either be in the water with the children or at the edge of the pool where the children are playing. A swim test is required of all children wishing to play in water deeper than their height. The aquatic facility's staff-on-duty is in charge at all times, and the adults in attendance with their group are expected to support the aquatic facility's staff in the enforcement of all rules and regulations.

### **MEMBER COMMUNITY USE**

For purposes of this type of reservation, Resident Community Use is defined as any meeting, gathering, or event that is attended by Meridian Ranch residents only. Events where one or more non-Meridian Ranch residents attend should be reserved in accordance with the Resident Personal Use policy as noted above. There are no stated limitations on the number of times the facility may be reserved for Resident Community Use; however, the Meridian Service Metropolitan reserves the right to limit or alter usage and reservation times if the reservations become excessive relative to actual usage or space used or, in general, if the reservations are abused. A security deposit will not be required of Resident Community Use but residents reserving and using the facility must abide by the Operational Policies and Procedures and are responsible for any damages and extra cleaning charges incurred as a result of their activities. Resident Community Use reservations will be subject to facility, pool, and event monitor fees. The Meridian Service Metropolitan District reserves the right to cancel any event that has not commenced within 30 minutes of the reservation start time.

### **MERIDIAN RANCH RECREATION CENTER**

10301 Angeles Drive, Peyton, CO 80831

Telephone: (719) 495-7119



**Appendix A**  
**Meridian Ranch Pool Rules**

- Children 5 years of age or younger must be accompanied in the water, within arm's distance at all times by a parent/guardian 16 years or older.
- Children 12 years of age or younger must be accompanied by an adult/guardian 16 years of age or older. Parent/Guardian must be on the pool deck or in the pool.
- Coastguard approved flotation devices only. (No inflatable devices such as water wings, rafts, etc.)
- Non-swimmers must stay in designated shallow areas, children with lifejackets or foam swimsuits must have a parent/guardian within arm's reach regardless of age.
- No running on the pool deck or pool area.
- Fins and snorkels may only be used by lap swimmers, a mask or goggles may be used during open swim times.
- Horseplay, unnecessary roughness, foul language, public display of affection, and inappropriate behavior are prohibited.
- Standing, sitting or hanging on shoulders, throwing one another, and slapping the water with noodles is prohibited.
- Gum, glass containers, and food must be left outside the pool area.
- Sitting and hanging on the lane lines and safety ropes is prohibited. Swimmers must swim under them not over them.
- Equipment including kickboards, pull buoys, and paddles are only to be used during lap swim or swim lessons.
- Smoking and vaping are prohibited in the facility.
- Flips, dives, back, dives, cartwheels, or jumping backwards off the side of the pool are prohibited.
- Use ladders and steps properly. No playing or loitering on the stairs. Only one swimmer at a time on the ladder.
- Swim diapers must be worn by all children who are not yet potty trained. Diaper changing is prohibited on the pool deck.
- No swimming in the water slide discharge area.
- Admission to the pool will be refused to people with infectious diseases, rashes, fevers, foot infections, open wounds, etc.
- Prolonged under water swimming and breath holding is prohibited
- Only MSMD staff may teach lessons, pool may not be used for non-MSMD sanctioned lessons.
- The MSMD staff will close the pool when weather or pool maintenance requires it.
- Bloodborne Pathogen contamination or fecal contamination will necessitate pool closing for a determined time.
- MSMD staff have final discretion and the authority to enforce any rules printed or verbal. The staff reserves the right to remove any person from the pool area if

they act in an unsafe manner or are creating an unsafe/dangerous situation for themselves or others.

### Slide Rules

- Outdoor slide may only be used by members without a wrist or neckband.
- Must be 52” tall for outdoor slide.
- Red Neckband or wristband for indoor slide.
- A line will form on the pool deck, not on the stairway. All swimmers must wait at the bottom of the slide until clear. Only one rider at a time.
- No tubes, mats, lifejackets, goggles, or masks permitted on the slide.
- Enter slide in sitting position, slide must be ridden feet first, either sitting or lying down on back.
- No running, standing, kneeling, rotating, tumbling, or stopping on the slide.
- Exit splash down pool area immediately.

### Lap Swim Etiquette

- Indoor and Outdoor lap lanes are to be utilized for lap swimming only.
- Be prepared to share lanes.
- Try to swim with people who have the same ability. Please respect other people’s efforts.
- Be cautious and courteous. Do not start directly in front or behind someone approaching the wall for a turn. Give them room and drop behind.
- Let others know you are entering the lane. If necessary, get a swimmer’s attention by waving a kickboard under water. Those already in the lane always have the right of way.
- With two or more swimmers in a lane, swim a circle pattern. (Keep to the right)
- To pass another swimmer; touch the person on the foot once only during the lap. If you are touched on the foot, move quickly off to the side of the lane when you reach the wall and allow the person to pass.
- If you are resting or waiting at the end of the lane, move out of the way to allow other swimmers full use of the wall when turning. Do not occupy the lane for socializing; exit after your workout.
- Swim tests are available by request.

### Lazy River Rules

- Red wrist or neckbands must be accompanied by a parent or guardian to use the lazy river.
- Inner Tubes must be around the chest with head above the water/tube, or riders may lay on top of the tube on their stomach with their head between the handles.
- No standing, crawling, walking on lazy wall.
- Swimmers must swim with the current when the tubes are in the water.
- No horseplay on tubes (forming chains, pushing, rocking, hitting, standing on, etc.)

- Swimming under tubes is not permitted.

#### Lily Pad Rules

- Only one person is permitted on the lily pads at a time.
- Red wristbands are not permitted on the lily pads.
- No other member or guest may assist a person across the lily pads.
- Users must use the rope to cross the lily pads.

#### Spa Whirlpool Rules

- Members ages 6-12 years old must be accompanied by an adult.
- During the 10 minute safety break, only members 18 years of age and older may stay in the hot tub.
- If the Spa whirlpool reaches capacity (15 persons), children under the age of 13 will be asked to exit first.
- No pool toys, rafts, innertubes, goggles, masks, etc may be brought into the Spa Whirlpool.

*\*Red neckband swimmers **must** have at least one parent, on the deck, at all times at a ratio of one adult to every two children. Children wearing this neckband may not cross the buoy line without a parent or guardian.*

*\*Red wristband swimmers **must** have at least one parent, in the water, within arm's reach at all times at a ratio of one adult to every two children.*